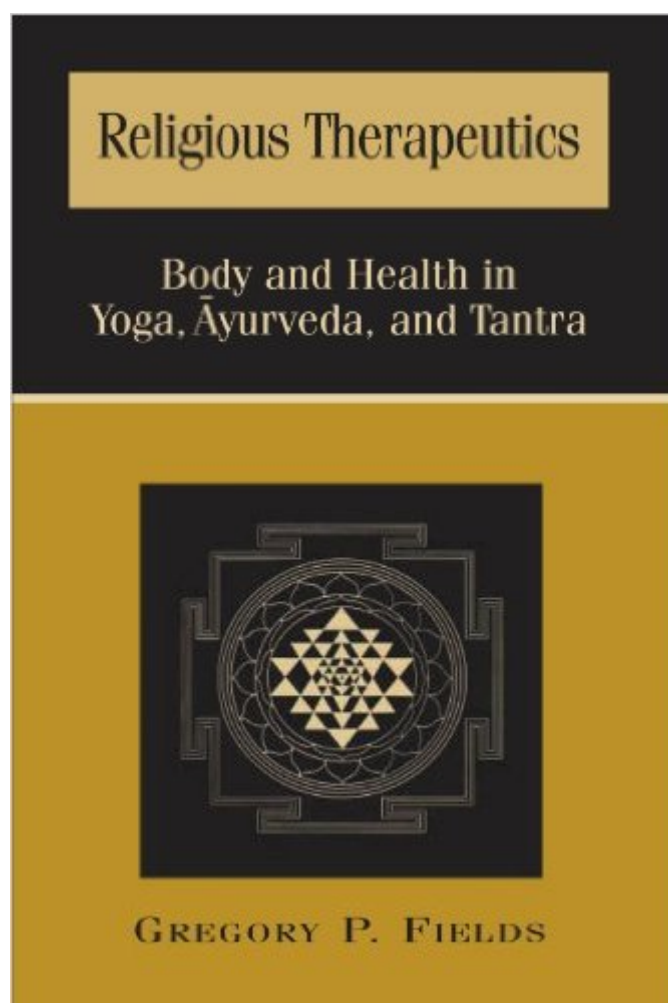


The book was found

Religious Therapeutics: Body And Health In Yoga, Ayurveda, And Tantra (SUNY Series In Religious Studies) (Suny Series, Religious Studies)



Synopsis

Religious Therapeutics explores the relationship between psychophysical health and spiritual health and presents a model for interpreting connections between religion and medicine in world traditions. This model emerges from the work's investigation of health and religiousness in classical Yoga, AĀ-yurveda, and Tantra-three Hindu traditions noteworthy for the central role they accord the body. Author Gregory P. Fields compares Anglo-European and Indian philosophies of body and health and uses fifteen determinants of health excavated from texts of ancient Hindu medicine to show that health concerns the person, not the body or body/mind alone. This book elucidates multifaceted views of health, and-in the context of spirituality and healing-explores themes such as mental health, meditation, and music.

Book Information

Series: Suny Series, Religious Studies

Paperback: 238 pages

Publisher: State University of New York Press (March 29, 2001)

Language: English

ISBN-10: 0791449165

ISBN-13: 978-0791449165

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 14.9 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #945,830 in Books (See Top 100 in Books) #179 in Books > Health, Fitness & Dieting > Alternative Medicine > Ayurveda #2106 in Books > Religion & Spirituality > Hinduism #2275 in Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga

[Download to continue reading...](#)

Religious Therapeutics: Body and Health in Yoga, Ayurveda, and Tantra (SUNY Series in Religious Studies) (Suny Series, Religious Studies) YOGA: The Essential Guide To Yoga For Beginners (Yogananda, Yoga Anatomy, Yoga Poses, Yoga Sutra, Yoga For Men, Yoga Journal) Yoga For Beginners: An Easy Yoga Guide To Relieve Stress, Lose Weight, And Heal Your Body (yoga, yoga for beginners, yoga for weight loss, yoga guide, chakras, meditation) Yoga for Beginners: Top 10 Essential Yoga Poses (Yoga Meditation, Yoga Workouts, Yoga Books, Yoga Sutras) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness

(Yoga for Kids) Yoga: Your Journey To Incredible Health, Weight Loss, and Ultimate Happiness (2nd Edition) (Yoga, Yoga for Beginners, Yoga Positions, Meditation, Mindfulness, Chakras, Mobility) Body Thrive: Uplevel Your Body and Your Life with 10 Habits from Ayurveda and Yoga The Tantra Experience (The Tantra Vision, Vol. 1): Evolution Through Love Numerology: With Tantra, Ayurveda, and Astrology Numerology - a: Con Tantra, Ayurveda, y Astrolog - a (Inner Traditions) (Spanish Edition) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Solutions) Clinical Pharmacy and Therapeutics/Workbook for Clinical Pharmacy and Therapeutics Pharmacology and Therapeutics for Dentistry, 4e (Pharmacology & Therapeutics for Dentistry) Textbook of Therapeutics: Drug and Disease Management (Helms, Textbook of Therapeutics) Applied Therapeutics: The Clinical Use of Drugs (APPLIED THERAPEUTICS (KODA-KIMBLE)) The Origins of Yoga and Tantra: Indic Religions to the Thirteenth Century Yoga: Ultimate Yoga Mastery: 2-Books-in-1 (50+ Beginner and Advanced Poses Illustrated) (Yoga Healing, Stress Reduction and Mindfulness)

[Dmca](#)